

## Only rain down the drain! Bay residents participate in watershed health project



PHOTO BY AMY ROSKILLY

Westerly third-graders Iain Ray, Annie Davenport, Mateo Bush and Macie Kantra spent a recent afternoon stenciling “Dump No Waste: Drains to Lake” near storm drains around Porter Creek.

by BRENDA O'REILLY

Storm drains are located along each street and in many driveways and parking lots. Any water or material entering a storm drain ends up flowing directly into local streams and then Lake Erie. This is in contrast to your sanitary system which carries sewage and used water from your home or office building to a water treatment plant.

In April 2011, the Great Lakes Restoration Initiative project “A Holistic Watershed Approach to Health at Huntington Beach” began. The project runs for three years and is a collaborative effort

which includes the Cuyahoga County Board of Health, Cuyahoga Soil and Water Conservation District, University of Toledo, Cleveland Metroparks, Lake Erie Nature & Science Center, and the cities of Bay Village and Westlake. The project is focused on improving recreational water quality at Huntington Beach by identifying potential pollution sources within the Porter Creek watershed.

According to Amy Roskilly, Conservation Education Specialist with the Cuyahoga Soil and Water Conservation District, the Cuyahoga County Board of Health has been sampling outfalls along Porter Creek to be tested by Dr. Von

Sigler and the staff at the University of Toledo.

“Upon completion of the water analysis, we will understand how near-shore water quality is affected by the watershed as a whole and how to provide residents with simple solutions to prevent contamination of the watershed and Lake Erie. Dr. Sigler will explain the testing and analysis of storm water and the genetic information gleaned by this study to identify specific E. coli species at a wrap up seminar which is free and open to the public on Thursday, Nov. 14, 7 p.m., at the Lake Erie Nature & Science Center.”

» See STORM DRAINS page 13

## Westlake Garden Club still blooming after 50 years

by JEAN SMITH

On Sept. 18, 170 people gathered at Westwood Country Club to support the Westlake Garden Club and help celebrate their 50th anniversary. What follows is a history of the club compiled from recollections of past presidents and a charter member.

In September 1963, an article appeared in the newspaper reporting that a garden club was being formed in Westlake. Lillian Bialosky's youngest child had started school so it was perfect timing for her to join the newly formed Westlake Garden Club, and she is still a member today. The new club wasted no time in getting involved in community activities. Lillian spearheaded a project with the Westlake Cuyahoga County School for Retarded Children.

She and other club members regularly visited the school to teach garden crafts and plant flowers and bulbs. The children and teachers looked forward to these visits because each child made something unique to take home. In 1970, Lillian and the Westlake Garden Club were recognized with an award from the Garden Club of Ohio for their involvement in this project. The club was also named Garden Club of the Year by the Garden Club of Ohio.

With 88 members in 1968, it was a very active club with bus tours, workshops and members planting flowers at Clague Park. Members were busy with flower shows, plant sales and making decorations for holiday trees at Porter Library and the Cleveland Botanical Gardens.

» See GARDEN CLUB page 4



PHOTO BY TARA WENDELL

Westlake Garden Club charter member Lillian Bialosky, who joined the club in its inaugural year in 1963, shares fond memories of the past 50 years at the Sept. 18 anniversary luncheon.

## Bay Education Foundation's annual '10 Campaign' begins

by MEREDITH PREWITT

In kicking off the Bay Village Education Foundation's “10 Campaign,” the foundation is asking for the community's help in a small way in inspiring meaningful and authentic learning experiences for their students in all of the buildings for years to come. The BVEF is an independent, non-profit volunteer organization that funds educational projects by contributions, sponsorships and donations

from various members of the community and area organizations to award monies to educators across the district to enhance student learning in the classroom.

Many opportunities, through innovative ideas and technology, have been made possible in Bay schools throughout the years for students' daily distinctive learning experiences, due to funds that are so generously donated to the BVEF each year.

» See 10 CAMPAIGN page 2

## Heal your past with day of introspection on Oct. 19

by SHARON FEDOR

Looking back, some take a stroll down memory lane “lightly” – they bring to mind old beaus, wild friendships, favorite songs from that era, crazy things they did then but wouldn't do now, their favorite pair of jeans or even a funny hat they wore constantly as their signature accessory. Some look to their past to recall and remember happier times, yet others take a more serious look backward with a specific intention, the intention of healing old hurts.

All humanity exists within the sphere of the trilogy of time consisting of past, present and future. We weave our way through these three, not often realizing how one is affecting and influencing the other. What we bring forward from the past can shape our present day thoughts, habits and actions, essentially how we live our lives.

Do we live in this now moment, or are we somehow chained, held prisoner to a consciousness that was built from past hurts?

» See HEAL page 2





# Light up Bay Village for the holiday season

by CYNTHIA EAKIN

This holiday season, the Christmas spirit may shine a little more brightly in Bay Village.

The Bay Village Historical Society and the Bay Village Kiwanis are asking Bay residents to join them in celebrating an old-fashioned community Christmas on Sunday, Dec. 8, 2 p.m. to 5 p.m. A kick-off to the holiday season, the event will include story time at the decorated Rose Hill Museum, caroling and crafts for kids in the Bay Village Community House, popcorn and cider, the Kiwanis Christmas tree sale, a visit by Santa Claus and the lighting of the

community tree in the Cahoon Park gazebo. Residents can help to “Light up Bay Village” by placing luminaries in their yards that evening. More event details are to follow.

Other Bay Village community groups are invited to participate by decorating a holiday tree, to be displayed in the park. Tables in the Community House are available for the sale of Christmas ornaments and merchandise. Any civic or school groups interested in taking part in the festivities or selling holiday merchandise should contact Cynthia Eakin at info@bay-historical.com or 216-213-0312, or Rhonda Schneider at baykiwanis@gmail.com or 216-225-6538. ●

## 10 CAMPAIGN

*continued from front page*

The foundation grants these funds to various teachers across the district to build the original educational experiences that make a difference to students in their learning journey, and lives, over the years. Thousands of dollars have been presented to teachers to help inspire their students with these genuine learning supports to affect the past, present and future of the knowledge of their youth.

The “10 Campaign” offers the chance for all parents, teachers and community members to be a part of contributing in this simple, but significant, way by offering a \$10 or more donation towards a grant total that is awarded each year to fund ideas of multiple teachers to make them a reality. Ninety percent is placed in a permanent fund to create possibilities for numerous learning

experiences for many more years to follow, and the other ten percent goes to the project of the superintendent's choice. In partnering with the community in this way, an amazing impact on Bay Village's educational “toolkit” is possible.

### Ways To Get Involved and Contribute:

Contributions of \$10 (or more) can be made in a number of ways:

- Cash or checks made out to BVEF and sent to the main office of any Bay school building or mailed to P.O. Box 40262, Bay Village, OH 44140
- Teachers can have direct deposit contributions from their paychecks.
- Donations can be made online through PayPal at www.bayedfoundation.org.

Donations are welcome from 10/10 through 11/10 this year! We are excited to continue and embrace the overwhelming support and opportunity for such an essential cause by community members for our students and educators. ●

## HEAL

*continued from front page*

That hurtful remark a friend or relative directed to you, the put down that you can repeat word for word, it all happened years ago, but for you it burns its way into the future.

Does it have to be like that? Maybe, just maybe, there's a way back, through the gunk into a clearing that looks like a solid present and a brighter future. When one person does a “house cleaning,” a truthful introspection, the results can be a future with grand new possibilities. When a Church Center takes on a community introspection, the walk becomes serious and life changing as individuality gives way to group consciousness with a common goal.

Unity Spiritual Center of Westlake, as a community, is taking that walk into the past,

with a day long event known as HOPCOF – Healing Our Past Creating Our Future. At this day-long introspection on Saturday, Oct. 19, Reverend Judy Grimes will facilitate as nearly 100 individuals delve into their past with the intent of healing old hurts to create a future full of joy, love, harmony and shared sense of purpose.

Unity offers many classes open to anyone interested on various topics such as forgiveness, healing and releasing, eating holistically, finding a greater sense of life's purpose, how to meditate and all forms of yoga. Some classes are free, others have a nominal fee. Class size is small so attention can be focused on the learner and the topic.

To view the calendar of class offerings log onto www.unityspiritualcenter.com. The world, our world, can surely be a better, brighter place if we don't let our past hurts permeate and direct our future. ●

## THE VILLAGE FOUNDATION

# Heritage Run hits the streets of Bay on Oct. 19

by EILEEN VERNON

Run or walk through beautiful Bay Village to benefit the Village Foundation's work in supporting non-profit community endeavors! Show your support by bringing the family and joining us on Saturday, Oct. 19.

The annual Village Foundation 5K run and 1-mile walk begins at Cahoon Memorial Park at 9 a.m. Preregistration is available on line at www.hermescleveland.com for \$20, or in person on the day of the race for \$25. Packets will be available for pickup on race day at 7:30 a.m. at Cahoon Park. The first 350 participants will get a cool, dry-tech, athletic shirt. Funds collected will be used to support the work of many not-for-profit groups.

Cahoon Memorial Park is at the north end of Dover Center Road. Board members will be available at 7:30 a.m. to register walkers and runners and distribute packets. More than 350 walkers and runners registered last year. The first 350 entries receive the high quality shirt. Participants have told us that the shirt alone is worth more than the entry fee. Chairman for this event is trustee Tim Atkinson, who says, “Please join us for a good cause, rain or shine.”

The Village Foundation is a nonprofit 501(c)(3) corporation dedicated to preserving the quality of life in Bay Village, by using the talents and resources of private citizens to support activities through non-government funding. The Foundation exists to provide support for programs fostering Bay Village's historical, cultural, social, and educational heritage. Through The Village Foundation, its citizens and businesses are encouraged to perpetuate the traditions that make Bay Village a special place to live and work. ●



**Observer**  
Community Powered News

The Westlake | Bay Village Observer is a hyperlocal community newspaper and website written by, for and about the residents of Westlake and Bay Village, providing perspectives and information about topics and events in our community. The mission of the Westlake | Bay Village Observer is to inform, involve and energize the community through citizen participation of 600+ community volunteers.

The views and opinions expressed in this publication do not necessarily reflect the views and opinions of the Westlake | Bay Village Observer staff.

### Observer Guidelines

Want to submit an article to the Observer? We'd love to hear from you! Here are some guidelines to keep in mind when writing for the Observer:

- Anyone who lives or works in Westlake or Bay Village is encouraged to contribute.
  - Aim for 300-500 word articles.
  - Photos should be jpegs & a minimum of 2 megabytes in size.
  - Submit original stories and photos. Don't copy others' work and remember to credit your sources.
  - Review our Observer FAQs on our website at: wbvobserver.com
  - Ask questions! We're here to help you at every step along the way. Don't hesitate to come to us for advice or help with topics, content or the submission process. Staff contact information is listed below.
- To join in, sign up through the Member Center at wbvobserver.com/members to submit your stories, photos and events. All content should be submitted through the Member Center, not by email.

Letters to the editor (max. 300 words) may be sent to tara@wbvobserver.com. Please include full contact information. Political letters 250 words or less are accepted from local candidates only.

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## WEST SHORE CHAMBER OF COMMERCE

# Chamber announces Bright Star Award recipient

by SHARON MATTHEWS

The West Shore Chamber of Commerce is pleased to announce that Brian Quinn of Massage Envy was selected as the Chamber's Bright Star 2013.

Over 50 chambers of commerce across northern Ohio nominated a person from their chamber as their “Bright Star” to recognize a chamber member who has “made a significant impact on the chamber

through membership, retention, sponsorship, economic development, operations and/or education.” Each Bright Star is an active chamber member for no less than two years and is likely to be an unsung hero or a dedicated behind-the-scenes volunteer.

John Sobolewski, Executive Director, stated, “Brian was chosen because he has held various fundraising events that generated thousands of dollars for our Education Foundation. He is a great supporter

of the chamber and volunteers to help in any way he can.”

Brian will be recognized with his award at the Sixth Annual Chamber Bright Star presentation on Oct. 30 in the Legends Club at the First Energy Stadium, home of the Cleveland Browns.

The West Shore Chamber of Commerce has over 400 members from Westlake, Bay Village and several surrounding areas. ●



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## WESTLAKE REC CENTER

# Basketball dribbles into the Rec

by JIM DISPIRITO

As the weather turns colder, the sports simply go indoors. Basketball season is upon us. The Westlake Recreation Department is currently accepting registrations for its Youth Basketball Leagues. These leagues are open to any child in grades 1-12 who lives in, goes to school in Westlake OR is a member of the Westlake Recreation Center. Leagues are as follows:

- Girls: Grades 1-2, 3-4, 5-6 and 7-9.
- Boys: Grades 1-2, 3-4, 5-6, 7-8, 9-12.

All of the boys' leagues are played in the Westlake Recreation Center. The Girls 5th and 6th graders as well as the 7-9th graders will participate in the West Suburban Rec League. This league features other Rec teams (non-travel) from cities including Middleburg Heights, North Olmsted, Fairview Park and Berea. Half of the games are at home and the other half are away. Each team will get at least 12 practices and 8 games during the season. Practices will start the first week of December and the first games will be on Saturday, Dec. 21. We will then take off for two weeks for the Holiday Break. Practices will resume in early January.

**Practice Schedule:**

- Boys, Grades 1-4 will practice on Tuesday nights
- Boys, Grades 5-6 will practice on Wednesday nights
- Boys, Grades 7-8 will practice on Tuesday or Thursday nights
- All Girls practices will be on Thursday nights.
- HS Boys do not practice and will play games on Saturday mornings.

The deadline to register is Nov. 3 for all grades except HS Boys who will have until Nov. 7.

**Registration Pricing:**

Fee is \$70 for Rec Center members; \$80 for Westlake residents and there is a \$10 discount for multiple child registrations.

Volunteer coaches are needed for all grades except HS. Requests to be on the same teams will NOT be honored. For more information please feel free to contact Jim Dispirito at 440-617-4420.

More information regarding all of these programs and more can be found at our website at [www.wlrec.org](http://www.wlrec.org) or by stopping by the Recreation Center at 28955 Hilliard Blvd., calling us at 440-808-5700 or by picking up our new Rec Gazette. ●

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## GARDEN

from front page

Then, times changed. Young women were not joining the club because they had started careers outside the home. Many women's organizations disappeared because of declining memberships. Nevertheless, the Westlake Garden Club survived, even though membership dropped below 40 members.

By 1995, club membership had rebounded to 70 members. Around this time, the Cleveland Botanical Gardens had a branch at Beck Center in Lakewood and many club members participated in the various flower shows there. During the past 10 years, the club has had a rebirth with new members and new ideas.

In 2006, the Westlake Garden Club, like many groups that met during the day, was again experiencing a period of decline in membership. Since many women were working during the day, the garden club needed revamping to meet current realities. A combination of appealing to a greater population, providing more stimulating speakers and programs, and concentrating on building good relationships within the club had a positive effect. It should be noted that during this time, the club welcomed its first and second male members – a giant step for a previously all-female organization.

A somewhat typical year in the garden club starts with an Arbor Day tree-planting in a city park or at the library, helping maintain Westlake's status as a Tree City. Then Planting Day of Hilliard Boulevard flower boxes in May. Memorial Day brings a parade

and ceremony at Clague Park, for which the garden club makes a wreath and bouquet. In July, the garden club makes flower arrangements that are displayed in the Clague House during the Antique Show open house. Club members make floral table arrangements for the Westlake in Bloom awards ceremony in August, and for two years now, some club members served as judges of the gardens.

Spring, summer and fall finds garden club members maintaining a Memory Garden they planted in 2005 behind the Westlake Center for Community Services, in memory of members who have passed away. Summer and fall, the club has fundraising projects with garden tours and luncheons. The year ends with decorating a holiday tree for Westlake Porter Public Library. In between, the club meets the first Wednesday of each month, February through December to present educational and entertaining speakers and programs.

Former member and past president, Thea Steinmetz, who for many years wrote a gardening column for the WestLife newspaper, thinks that when you join a club, you should be inspired. The late Lu Walter, garden club member and past president, provided just that for many members. Some years back, she was chosen as the U.S. representative to enter the Chelsea Flower Show in England. Competing against entrants from all over the world, Lu was awarded the Silver Medal. Westlake Garden Club mem-



Past presidents of the Westlake Garden Club, from left, Lucy Kalbers, Marlene Parker and Thea Steinmetz, enjoy the club's 50th anniversary luncheon on Sept. 18.

bers were very proud of Lu. She also encouraged many club members to get involved in the community just as she was for so many years.

And here we are, 50 beautiful years later. We have joined the digital age with the creation of a first-rate website. Today's gardening challenge is to educate ourselves and others about sustainability, genetically altered foods, plants and seeds, and the impact the use of chemicals has on soil, wildlife and our water system. The Westlake Garden Club helps support school students who, through enlightened teachers, are learning good gardening practices at an early age, making a difference for the better, moving away from chemicals. With new members and new ideas, the club has experienced somewhat of a rebirth over the past few years.

I have only been a member of the Westlake Garden Club for five years, so when thinking of writing an article on the club's 50th anniversary, I decided to enlist the help of some past presidents and one of the founding members. Thank you to Lil-

lian Bialosky and the following past presidents for your input to this article: Ann Van Dyke (1991-93), Jackie Crosier (1995-96), MaryAnn Brock (1997-99), Thea Steinmetz (2001-03) and Sally Knurek (2009-11). And thank you to our current president, Regina McCarthy.

In reading these memories, thoughts and impressions of the garden club, I sensed the evolution and growth of the club over the years. The Westlake Garden Club was born in 1963 to fill a need by some women in Westlake to get involved and beautify their surroundings. Today, we strive to fill a need in the Westlake/Westshore community to support education and civic involvement as it relates to the environment, our food and water supply, gardening and horticulture practices and sustainability.

But, we still manage to have fun; to make friends and promote camaraderie and an enjoyment of gardening and beautification of our homes and community. For more about the Westlake Garden Club, visit our website at [www.westlakegardenclub.org](http://www.westlakegardenclub.org). ●

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**WESTLAKE KIWANIS**

# Eat Kiwanis pancakes and tour the new Westlake high school

by VICTOR RUTKOSKI

The Westlake Kiwanis Club will be holding a pancake breakfast Sunday, Oct. 27, from 8 a.m. to 1 p.m. at the Westlake High School cafeteria, 27830 Hilliard Blvd.

The breakfast includes all the pancakes you care to eat, plus sausage, orange juice, milk, coffee and tea. The price is \$6; children under 6 eat for free.

The Westlake Kiwanis Key Club will be conducting tours of the new high school from 9 a.m. to 1 p.m.

Corporate sponsorships are available for \$50 and include 10 breakfast tickets and advertisement of your business during the breakfast.

This breakfast helps support the



Kiwanians Nan Baker and Ann Pyros serve up sausage and pancakes at last year's breakfast.

many Kiwanis projects throughout the Westlake community such as scholarships at Westlake High School, Westlake Memorial Day Parade, Westlake Salute to Excellence, Westlake Relays, Westlake Special Olympics and many, many more worthwhile causes. So come on out and enjoy a good breakfast while helping our community. ●

## Kiwanis donates iPads for Westlake classes



The Westlake Aktion Club and the Westlake Kiwanis recently donated iPads for use by the special education classes at Dover Elementary School and Basset Elementary School. The Kiwanis mission is saving the world one child and one community at a time. The Aktion Club is made up of individuals with disabilities age 18 and over and felt the donation of the iPads would help serve their mission. ABOVE: Westlake Kiwanians Bob Clancy and Rick Grane present iPads to teacher Kate Applegate and her Dover Elementary students.



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## FEATURED STUDENT: **Alyse Arko**

*Featuring some of our communities' great high school students.*

by **KAREN DERBY**

**B**ay High senior Alyse Arko has been a dedicated runner since seventh grade, and it is obvious she has a penchant for running toward many positive and constructive opportunities in her life.

She serves as Bay High's Class of 2014 Secretary, as well as Secretary for the school's National Honor Society. She is a co-president for Bay High's Team Africa (promoting social justice throughout the globe) and serves on her school's yearbook staff and as a role model for elementary students

through Bay High's HUDDLE club.

Her experience with Bay Rocks Girls Track and Cross Country has earned her varsity letters in each sport, and she serves as a Senior Captain on the cross country team. She is extremely proud of her cross country team's performance in winning the West Shore Conference championship last year and placing 8th at the state meet in the Division I category.

This year, Alyse was named an AP Scholar, served as Senate Chaplain on the American Legion Auxiliary's Buckeye Girls State Delegation, received a Rotary Youth Leadership Award as camp attendee, and was elected Bay High's Homecoming Queen.

Alyse enjoys working with children,

and she has much experience babysitting her younger brothers and many cousins. She volunteers at her church's Bible school and helps to run the Bay Village Kiwanis Garage of Doom, a UNICEF fundraiser held at Halloween.

Alyse enjoys art, and she has won both a regional Gold Key and national Silver Key award in the national Scholastics Arts competition. Though she is not quite sure what her major in college will be, she would like to continue to be involved in art while pursuing a career in some type of "helping career." She is the second to the oldest, and the only girl, of five children of Dennis and Anne Arko. Her dad served in the U.S. Peace Corps, and Alyse would also like to join the Peace Corps after college. ●



Bay High senior Alyse Arko

## Bay Village Schools offer preview of new computer-based state tests

by **KAREN DERBY**

**N**ew online state tests for K-12 students are scheduled to begin in the spring of 2015, but anyone who wants a preview of what they will be like can try the Bay Village Schools Superintendent's Common Core Challenge between now and Dec. 15 by logging onto the webpage at [www.bayvillageschools.com/Challenge](http://www.bayvillageschools.com/Challenge).

"We started this with our own staff members," said Superintendent Clint Keener. "The feedback has been awesome. The questions really get folks thinking about how students will respond to these questions."

Ten sample, prototype questions covering a range of grade levels are offered in the Challenge. Participants can try answering a test question, then they give feedback through a very brief survey question for each test item. The test questions are designed to measure student understanding based on the new Common Core Standards in math and English language arts.

The Common Core Standards have been adopted by 45 U.S. states, including Ohio. Ohio's New Learning Standards for math

and English language arts are based on the Common Core Standards, and Ohio has added its own similarly rigorous standards in many other subject areas.

The Common Core Standards are a states-led initiative proposed by state governors that grew to include business leaders and college educators. Teachers in K-12 education and parents throughout the country also weighed in to create the Standards. The goal is to insure that children, no matter where they happen to attend school or how often they move, are taught a curriculum that holds schools and students to the same rigorous standards.

While Common Core does not require schools teach any particular curriculum or use any specified textbooks, it does outline what students should know, what they should be able to do, and on what they will be tested. Those who want to explore the Common Core Standards in detail can log onto [www.corestandards.org](http://www.corestandards.org).

The prototype questions have been developed under the direction of the Partnership for Assess-

ment of Readiness for College and Careers (PARCC), one of two national assessment consortia charge with designing the tests. Char Shryock, Director of Curriculum for the Bay Village City School District, is part of an Education Leadership Cadre for PARCC.

Residents of Bay Village ages 18 and older who participate in all 10 Challenge problems will be eligible for a token prize, a multi-colored highlighter pen sporting the district logo. Details are on the webpage at [www.bayvillageschools.com/Challenge](http://www.bayvillageschools.com/Challenge). The school district does not keep track of participants' answers to test questions, but it collects opinions with an extremely brief survey for each question. ●



**Complete our Superintendent's Common Core Challenge and win a Bay Village Schools multi-color highlighting pen!**

## Westshore Young Leaders to host 'Terror Night' on Oct. 17

**H**ere's your chance gather up your friends to experience one of the highest-rated "haunted" attractions in the country, ranked in the top 13 of 2012 by [Hauntworld.com](http://Hauntworld.com).

Westshore Young Leaders, representing students from schools in Bay Village, Fairview, Lakewood, North Olmsted, Rocky River and Westlake, will host "Terror Night @ Spooky Ranch" on Thursday, Oct. 17, at 7 p.m. as their kick-off fundraising event this year.

The event takes place at Rockin'-R-Ranch, 19066 East River Road (S.R. 252) in Columbia Station.

Westshore Young Leaders is offering a \$2 discount off a full-price Extreme Package 1 admission on the event kick-off night as well as ANY Thursday or Sunday now through Halloween.

The coupon is available online at [bayvillageschools.com/SpookyRanch](http://bayvillageschools.com/SpookyRanch). Each coupon redeemed earns an additional \$2 donation to Westshore Young Leaders.

Westshore Young Leaders is a youth group with the mission of developing safe and healthy teens. ●



## Earn college credit while attending high school

### Information Night in Lakewood Thursday, October 17, 7-8:30 p.m.

Are you an academic high achiever? Would you like to cut the length and cost of your college education? The Post Secondary Enrollment Options Program (PSEOP) enables high school students to earn college credit / high school graduation credit when they take classes close to home at The University of Akron in Lakewood.

To learn about the PSEOP program visit [www.uakron.edu/pseop](http://www.uakron.edu/pseop)

Call information call 216-221-1141.



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**Lakewood**

14725 Detroit Ave.  
Lakewood, OH 44107

UA Lakewood is located on the first floor of the historic Bailey Building in the heart of downtown Lakewood.



THE DIGITAL WORLD

# Demystifying Technology

[Editor's note: The Observer is pleased to introduce our newest column, "The Digital World," focusing on un-complicating the ever-changing world of technology. Tak Sato, who owns a technology business in Westlake and holds a bachelor's degree in computer information science and an MBA from Cleveland State, has more than 20 years experience in the technology field. His column will address hot topics in the digital world and reader questions.]

by TAK SATO

In the history of mankind, inventions and subsequent innovations have changed our lives. I think Alexander Graham Bell and his assistant Mr. Watson would be pretty excited that we can now transmit images by building on their invention of the telephone. Is it far away that mankind will figure out how to "Beam me up, Scotty!" from the Star Trek series?

Some things change our lives so dramatically that there is a word for it: disruptive innovation. When the personal computer became available for public consumption it was initially "just another tool" that businesses could harness in their back-office operations. Computers, or should I say technology, became an indispensable tool for businesses. But back then people could still choose not to use computers at home.

As technology became more affordable and consumer-friendly features were introduced, more and more people started owning a computer outside of the office.

This is similar to how I used to go to my friend's home to see Godzilla tear apart Tokyo on a color TV before it became affordable for my parents to buy one.

Then came the internet in late 1990s that changed everything (it was there before but not in a consumer-friendly manner). Internet combined with computers becoming as common as a TV in each household further fueled the penetration of this disruptive innovation into every nook-and-cranny of our lives.

This was, in my opinion, the mother of all disruptive innovations creating disruptive technologies. It changed everything: from how we communicate (email, web chat, smartphone); how we buy (online shopping, online flea market); how we curate family memories (digital cameras); how we bank (online bill pay); how we entertain (what happened to the corner video rental store?), how we relate (social networks, online dating) and many more daily functions that we consider as normal ways of doing things.

With the internet and technology penetrating our lives, it has become increasingly challenging to choose not to use technologies such as computers, smartphones and tablets these days. There are just so many technologies to understand to be an educated consumer living in the duality of the "Real World" and the "Digital World" with ever so blurring boundary between the two.

Fear not! The Westlake | Bay Village Observer, "the" community newspaper bringing local news that matters, is cogni-

zant of the changing world and the need to demystify technology for their readership. They have enlisted me, a longtime Cleveland-area resident and self-proclaimed "geek," to help demystify technology.

I will also answer questions in these columns so please send those questions you always wanted to ask but

never did. I also request feedback, as I believe readership involvement is one of the tenets of a thriving community newspaper such as this paper I love. You can send them to the editors at editor@wbvobserver.com. ●

Next issue's topic: "OMG! What happened to my family memories?"

LEAGUE OF WOMEN VOTERS

## Report: Westshore Council of Governments meeting, Oct. 9, 2013

by LWV observers KATHRYN KOSIOREK (Lakewood chapter) and SUSAN MURNANE (Bay Village)

*This report, which contains observations and selected highlights of a meeting of the WCOG, is the second in a new series by members of the League of Women Voters - Cuyahoga Area. It is not an official statement of the LWV.*

*The Westshore Council of Governments was founded in 1971 "to foster cooperation between municipalities in all areas of municipal service." The mayors of the six WCOG cities meet on the second Tuesday of the month, 9:30-11:30 a.m., at the Lakewood Women's Pavilion. Official minutes are prepared by Mayor Summers' office. All meetings are open to the public.*

Present: Mayors Pamela Bobst (Rocky River), Dennis Clough (Westlake), Eileen Patton (Fairview Park), Deborah Sutherland (Bay Village), Michael Summers (Lakewood)

Absent: Mayor Kevin Kennedy (North Olmsted)

Also in attendance: Dave Greenspan, District 1 Representative, Cuyahoga County Council; Police Chiefs from Bay Village, Fairview Park, Lakewood, North Olmsted and Rocky River; Lakewood's Fire Chief; Steve Presley; and presenter Darryl L. Anderson of MARCS.

The meeting was called to order by Mayor Summers of Lakewood.

A major part of the meeting was devoted to a presentation by Darryl L. Anderson, retired officer of the State Highway Patrol, and current director of the MARCS (Multi-Agency Radio Communications System) of the state of Ohio. Mr. Anderson presented the case for a statewide, state-of-the art communications system. The need for an integrated statewide system is based on the experiences of law enforcement in several major events including 9/11, Sandy Hook school shooting, and the aftermath of Hurricane Sandy. The response time at Sandy Hook was seven minutes. An integrated system could have cut this

response time to under a minute. Several advantages of such a system are: better communications over local boundaries, cost savings and better response times, which save lives.

The MARCS system was introduced to Ohio in 2001 and currently is in use statewide by the Highway Patrol. In 2012 an additional \$90 million was granted to the MARCS system to provide statewide implementation. The cities of Lakewood and Rocky River currently are using the MARCS system. The fire departments of all of the WCOG communities currently use the MARCS system. Other communities are either in the process of converting their safety forces to MARCS or considering whether to do so. Current users offered to share their experiences and assist newer users.

The MARCS mission is stated as follows: "MARCS is dedicated to providing Ohio's first responders and public safety providers with state-of-the-art wireless digital communications, and to promote interoperability, in order to save lives and maximize effectiveness in both normal operations and emergency situations."

Currently, a federal grant pays most of Cuyahoga County's share of the system's operating cost of \$20 per radio per year. The radios were distributed among the communities as requested by applications about two years ago, and radios are still in the process of being distributed. Mayor Bobst expressed concern about the cost of the program to local communities in the future, especially as they will continue to incur expenses for legacy systems for some time. Cuyahoga County Council has assisted with providing phones. Other sources of payment will be explored.

Mayors Bobst and Sutherland reported a very successful meeting with Governor Kasich regarding House Bill 5. The governor promised to veto HB5 if it will hurt the cities.

The meeting was adjourned at 11 a.m. The next meeting will be at the Women's Pavilion in Lakewood on Nov. 13. ●

## Holiday craft fairs return

### Lake Erie Nature & Science Center hosts Christmas Carousel

by WENDY HANNA

Holiday season will be here before you know it. And with it will be crowded malls, mass-produced gifts and racing around from place to place trying to cross everything off your list.

This year, make the experience enjoyable by shopping at Lake Erie Nature & Science Center's Christmas Carousel Craft Fair. Presented by the Center's Women's Board, the annual event returns on Saturday, Nov. 2, from 9:30 a.m. to 4 p.m.

You'll find everything from jewelry to rain barrels to nature photography and more from over 20 local artisans and vendors. Admission is just \$3 and includes an entry in the Carousel Raffle. Also available are delicious food, refreshments and homemade baked goods. Parking is free across Huntington Reservation and complimentary shuttle service will be easily accessible.

Bring the whole family and not only can you get some shopping accomplished, you can enjoy yourselves taking in the free live animal exhibits, walking in the beautiful Reservation or seeing a show in the planetarium.

Lake Erie Nature & Science Center is located at 28728 Wolf Road in Bay Village. ●

### Basket of Treasures has new location at Parkside School

by MARIE NOVAK

The Westlake Women's Club will hold its annual Basket of Treasures event on Saturday, Nov. 9, from 9:30 a.m. to 3:30 p.m. The event is being held at a new location this year, Parkside Intermediate School, 24525 Hilliard Blvd.

Current Westlake Women's Club President, Michelle Rossman, is very excited about this year's event and its new location.

"The Westlake Women's Club is proud to present our Basket of Treasures craft show to the city of Westlake once again this year," Rossman said. "The show is always a great opportunity to get your early holiday gifts, fall decorations, and baked goodies from the bake sale. The success of this show has enabled our club to donate to many organizations in Westlake and surrounding communities as well as college scholarships over the past 23 years. We hope to see you there!"

Admission is for this event is \$3. Sorry there will be no strollers allowed within the event. ●

## VISUALIZE YOUR VOTE!

by CONDA BOYD

Researchers for the 2012 presidential campaign discovered that simply asking people what time of day they plan to vote and what route they plan to drive makes it more likely they will follow through.

Whether you're a Red, Blue, or United Stater, take a moment to visualize heading to the polls on your way to work ... stopping by at 10 a.m. or 2

p.m. to avoid the crowd ... doing your patriotic duty on the way home ... sitting down today to fill out that vote-by-mail ballot.

Whether you're a D, R, or I voter, take a moment to picture the difference Your Candidate will make – and the difference That Other Person might make if you fail to cast your deciding vote in this close election.

It's the Made in America thing to do. Please say, "Yes I can!" ●

Join in at [www.wbvobserver.com](http://www.wbvobserver.com)



## Election 2013: Meet the Candidates

### Westlake City Council, Ward 1: Shamus Cusick

Please allow me to introduce myself. My name is Shamus Cusick and I humbly ask for your consideration in my request to serve as your Ward 1 Council Representative. Even though this is my first attempt at public office I feel that you can Trust I will and do bring the most to the table for Ward 1 Residents.

What sets me apart is my experience. I am a 31-year member of a large Northern Ohio Construction Association and Affiliated Councils. As an active member I have had the privilege to serve as Delegate, Sergeant-at-Arms, Trustee, Examining and Executive Boards, Recording Secretary, Business Representative and currently as President. A number of these offices I ran successfully as an independent candidate which speaks to my diligent service to my constituents.



Most of my working career has been building relationships locally, though I have worked out of state and even as far as Africa. Which is a very valuable perspective to have in this global economy. In Westlake I have found a safe and

secure place to live, raise my son in good schools, have close amenities, with great safety forces and services. A place where you can feel content when you lay your head on your pillow at night.

Please Trust that I can, with your help, assist the Mayor/Council who have a history of forward thinking/planning, sound financial management and continue to provide and hopefully expand services to our seniors, diverse recreational opportunities and a strong business climate.

– Shamus Cusick

### Bay City Council, Ward 2: Paul Vincent

Thank you for your time. My name is Paul Vincent and I am running for Ward 2 City Council. As your city councilman, I will encourage public debate; increase government accessibility and give residents a better understanding



of what is taking place in Council and who represents their interests. I'm concerned that too few tools are available for residents to stay apprised of Council issues. I would like to change that.

I will implement measures for more citizen involvement on all issues. By utilizing social media and email, I will ensure that each resident has the opportunity to understand what is taking place in Council. When residents are engaged, our city flourishes. I am committed to improving citizen involvement by means of broadcasting council meetings and increasing lines of communication.

Through measures like monthly town-hall meetings, modifications to the city's website, and Ward 2 updates by email and Twitter, I will work hard to keep residents informed of important issues that impact our city. Additionally, I would like to add more opportunities for residents of all

ages to live an active lifestyle; increase business development for our existing commercial spaces and reduce emergency legislative procedures.

Although I will be the decision-maker for Ward 2, I expect to receive input and ideas from my neighbors and other residents of Bay Village. When there is citizen involvement in local government, it inherently ensures the greatest benefit to all residents.

To learn more, please visit [PaulVincentforCityCouncil.com](http://PaulVincentforCityCouncil.com). Please vote for me on Nov. 5.

– Paul Vincent

### Westlake School Board: Barbara Leszynski

In 2012, I was unanimously appointed to the Westlake Board of Education from a field of 19 applicants. I have worked diligently to be a productive board member and am running to retain my Board seat in an effort to continue my work on behalf of our excellent schools.

My husband, Ed, and I have lived in Westlake for 33 years. Our 3 children are WHS graduates and we have 4 grandchildren currently attending Westlake City Schools. I am an active volunteer in the community, and currently tutor special needs students at Dover Elementary.

I have both Bachelors and Masters degrees in Education and am a retired teacher, having taught for 25 years in public schools. As an educator, I fully understand how schools



educate students.

As a current Board member, I have been involved with the negotiation of 2 labor contracts, which resulted in the savings of over \$5.5 million dollars to the Westlake School District.

As a taxpayer in Westlake for 33 years, I understand the need to prudently use our resources to keep taxes in the bottom 25 percent of districts in the county.

I am the only candidate with proven Board experience here in Westlake, and I pledge to continue my work as an advocate for strong schools with quality programs administrated with fiscal prudence so we ensure that our kids are successful no matter what career path they choose to pursue.

– Barbara Leszynski

### Rocky River Municipal Clerk of Court: Deborah Comery

It has been an honor to serve the West Shore Community over the last 18 years. Since I started in 1996, the Rocky River Municipal Court has become one of the most well respected courts in the State of Ohio. Much of that is directly related



to the advancements that I have been directly involved in such as installing a state-of-the art computer system, installing an imaging system so all of our documents are available real-time on our website where ePayments have been the norm for 10 years.

Efiling has been in use for the last four years and we are currently upgrading that service to be even more user friendly. Being the keeper of the Court Record, we continue to implement the latest technology as it becomes available to insure that all records are kept accurately and completely.

All of our advances have been accomplished without having to use one tax dollar since 1997. This is at a time when most courts around the State are in financial crisis. The Ohio Supreme Court formed a Task Force to find better ways to fund the opera-

tions of Ohio's courts. I am honored to have been asked to serve on a committee of this Task Force.

The key in leading a well run organization is knowledge and experience and that was acknowledged in 2011 when I was honored to be named the Clerk of the Year for the State of Ohio. When experience counts, count on experience.

– Deborah F. Comery

*Rocky River Municipal Court serves Bay Village, Westlake, Fairview Park, North Olmsted, Rocky River and the Metroparks.*

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# Election 2013: Meet the Candidates

## Bay Mayoral Candidate: Marty Mace

**H**ello, my name is Marty Mace, and I am running for mayor of Bay Village. I have spent 37 years as a public servant as a firefighter and paramedic. I also served as an appointee to the Ohio EMS Board, appointed by Governor George Voinovich. I pledge the same dedication in my approach to the issues that affect our community as mayor.



vices have been cut, leaving gaping voids with no solution to deal with the aftermath.

Transparency and public discourse must go hand-in-hand when making such cuts. As mayor, I plan to bring back community access

to city hall. Limiting the use of emergency measures must be a critical first step. We must address our aging infrastructure on a proactive level. We must be efficient in our solutions to financial challenges, including utilizing programs through the county.

As mayor of Bay Village, I will work with our citizens, business owners, city departments, and city council to address these challenges; I will diligently work for you, being accountable to you, and it will be my privilege to be your mayor.

– Marty Mace

Bay has been a great place to work, live, and raise a family. We pride ourselves on community involvement and civic awareness. However, the community spirit and high level of city services have slowly eroded. City ordinances have been increasingly passed by emergency measures, bypassing public debate; problems in our infrastructure, including electrical brownouts and residential basement flooding have evolved from nuisances into public safety issues. Vital city ser-

## Bay Mayoral Candidate: Deborah Sutherland

**C**ity Council and I have worked hard to maintain and improve Bay's quality of life. That hard work has paid off... Bay Village has been consistently recognized by Cleveland Magazine as a top community, No. 1 in 2012; by Family Circle Magazine as 2012's Top Ten Best Towns in America to raise a family; by Forbes Magazine for rapidly increasing housing values; and by Yahoo in 2013 for being a hip place to live.

We have also been recognized by the Auditor of State for excellence in financial reporting and I, along with the other Westshore Mayors, have been awarded the Taxpayer Hero Award for creative, collaborative approaches to saving tax dollars. I am the only candidate who stated I won't raise your property taxes! But that doesn't mean that Bay Village, like most communities, won't face challenges in the years ahead.



Having an experienced leadership team in place is critical to our continued calm and peaceful life. I gained invaluable experience during my four and a half years on City Council, serving as the Council Representative to the Planning Commission, the

Architectural Board of Review, the Tree Commission, and the labor negotiation team.

I came to this office with a deep knowledge of the City and its operations, avoiding a lengthy, disruptive transition period. Thirteen years later, our subsequent success is a reflection of our great leadership team including City Council, my administrative team, and engaged citizens.

I respectfully ask for your vote on Nov. 5. Thank you!

– Debbie Sutherland

## Bay City Council Ward 3: Walter Halun

**I**t's about Bay. My name is Walt Halun, and I am running for council in Ward 3.

During my business career, I worked as the Director of Purchasing for American Ship Building Company for another Bay resident, George Steinbrenner.

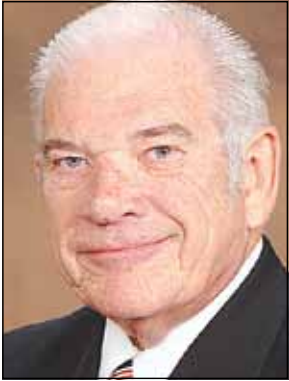
We are facing an economic crunch in Bay, but to use Steinbrenner's words: "Don't tell me what we can't do, tell me how you are going to make something happen."

We need to rebuild our natural beauty through the tree commission.

We need to maintain the New England "look" of Bay by assuring tear-downs and rebuilds are held to architectural standards befitting our city.

We must have "tight" contracts for every tax dollar spent.

We need a watchful eye to obtain every dime of financial help from our



State and Federal tax dollars, after all we contributed.

With regard to regionalism, the standard must be the level of service. If consolidating a service degrades the response time to the citizens, have you made the change for the better?

We have had a reduction in revenue; reduced property tax revenues; loss of State support; unfunded EPA mandates and elimination of the estate tax. Let's work smarter to keep our taxes from increasing by managing our city with best practice business principles. Our seniors are counting on us so they can stay in their homes, and our young families starting out want to have the same Bay Village life that we have enjoyed and shared together.

Thank You Ward 3!

– Walt Halun

## Bay City Council Ward 3: Karen Lieske

**I** am honored to serve as your current Ward 3 Councilwoman.

I hold a public administration master's degree, the degree most often held by city managers. I also have held executive and administrative positions in local government, the non-profit sector and higher education. I have gained a great deal of experience serving as your Ward 3 Councilwoman. I served 12 years on the Bay Board of Education – 3 as president and 3 as vice-president.

Woodrow Wilson said that "the ear of the leader must ring with the voice of the people." I have been going all over Ward 3 on my bicycle, talking to you, and listening to what you say. Residents have expressed concerns about the city's finances.

They want to maintain the quality of services while looking for cost-effective



savings.

Ward 3 residents want to work together on issues such as the animal kennel and dog warden.

They want someone who thinks independently. I listen to you and try to help you resolve issues or concerns.

I ask questions that I think you would, such as the need for a refund from Republic during the trash strike. The net result was a \$16,250 credit from Republic to the City.

I voted against pay raises for City Council and the Mayor.

I questioned putting the rezoning issue on the ballot before it went to the Planning Commission (Section 7.4 of the City Charter).

Please consider my leadership and elected experience when you cast your vote for Ward 3 Council.

– Karen Lieske

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SENIOR LIVING

# Medicare open enrollment period is Oct. 15 to Dec. 7

by KRISTI VAUGHN, LSW

Once per year, every one who is eligible and wants to enroll or already is enrolled in a Medicare Part D plan and/or a Medicare Advantage Plan/Medicare Part C can either enroll without penalty during this time or review their current plan to see if it is still the most advantageous based on their current situation. For more information about the health and drug plans and Medigap policies described below, visit [www.medicare.gov](http://www.medicare.gov) and click “Sign Up/Change Plans” then “Find health and drug plans” or call 1-800-MEDICARE.

### WHAT IS MEDICARE PART D?

All people with Medicare are eligible to enroll in a Medicare drug plan without penalty during open enrollment. These plans are offered by insurance companies and other

private companies approved by Medicare. These plans can either add coverage to Traditional Medicare or will be included in some Medicare Advantage Plans.

You should be aware that it is very important to compare drug plans since there are many things to consider such as if a plan will even cover your medication based on a formulary, costs of monthly premiums, deductibles and co-payments or coinsurance. This is just as important to do once a year as it is the first time you sign up for a plan because often the plans change or your medication changes and you risk not being enrolled in the most effective plan for you.

### WHAT ARE MEDICARE ADVANTAGE PLANS OR MEDICARE PART C?

Advantage plans are options that are approved by Medicare, but are run

by private insurance companies. They are not Original or Traditional Medicare. They provide Medicare-covered benefits to their members, and may even offer extra benefits that Original Medicare doesn't cover and may also have a drug plan included in the policy. These plans have special rules and so each member needs to be very careful when choosing an Advantage plan and be sure to follow such rules.

Please note that these plans are NOT secondary insurance/Medigap policies to Medicare. Medigap policies are entirely different policies that help to cover what Medicare does not.

This information can be confusing for many people so you can always contact your local senior center for assistance or call the OSHIIP (Ohio Senior Health Insurance Information Program) hotline at 1-800-686-1578. ●

HUMOR

# A walk in the rain

by BRUCE LEIGH

The morning was a little cool and it was drizzling. Mum said, “Dress warm or the wind will go right through your coat.”

I was helping to pull the wagon mostly because it was empty. The Depression was in full swing so buying a new coat or anything else was out of the question. “Where are we going, mum?” I asked. “You’ll see,” she answered. My birthday was next week and I thought, maybe we are going to get a present for me.

After a few blocks the cardboard soles in my shoes were falling apart from walking through all the puddles. Mum said we would be there in a few minutes. She said there was an extra pair of dry socks in her purse. Mum was always thinking ahead. She was the best mum ever.

Mum said we’re almost there and I was getting excited. Mum said the army would take good care of me. “What did you say, mum? I’m too young to be in the army. Are you going to join? You’re my mum, you can’t join. Who will take care of me and sis?”

“No, no, silly,” mum said, “it’s not that kind of army.” I did not know what to think. My feet and socks were soaking wet by that time. Mum said the army would have good boots for me to wear. Mum said, “We’re here.” I was disappointed. It was just another store front.

A man wearing a dark suit opened up the door and said, “Welcome. Come in, please.”

Where were the other soldiers, I wondered. Mum asked the man where the boots and shoes were. The man took us to the back of the store and showed us a whole wall of shoes and boots. I’d never seen so many shoes in my whole life. I tried on lots of shoes and boots and found some nice ones which I took home. Mum said thanks and so did I.

When we got home I looked at mum and said, “Where were all the other solders.?” Mum smiled at me, ruffled my hair and said, “The Salvation Army has soldiers in stores all over the world. Wherever people are in need you’ll find them. They are an army for people like us who need help sometimes. Do you know what that means?”

“Yup, mum. I get it. They’re soldiers who don’t use guns. They’re soldiers who do nice things for kids like me who don’t have shoes.” I said. “When I grow up I want to join the Salvation Army and help kids just like they do.”

Mum smiled. ●

LETTER TO THE EDITOR

# Westlake school levy requests new operating funds

I believe the FACTS support the passage of the Westlake City Schools Operating Issue 88.

- Issue 88 is needed for Westlake City Schools to remain fiscally sound for the next five years. Without Issue 88 the district will be forced to make cuts that will change the face of our school system.
- Westlake City Schools is a good steward with our tax dollars. Even with the passage of the Issue 88 in November Westlake is in the bottom 25 percent of schools taxes in Cuyahoga County.

- Westlake City Schools are a top performing district. Our students have performed in the top 4 to 7 percent of all schools districts in Ohio for the past 10 years.
- The district has not received new operating funds since 2006, and has lost \$11 million in federal and state funding in the past seven years.

Do not be misled by mailings from nameless individuals who attempt to use only pieces of data to sway your vote. Westlake voters are savvier than that – you deserve all the facts. The quality of our schools

directly impacts the quality of our community. If you support Westlake Schools, and you value the tremendous impact that they have on our community I respectfully ask for your vote FOR Issue 88 to continue the excellent education our schools provide and to keep our community strong.

To learn more about Westlake Schools’ academic and financial achievements please visit [www.westlakelevy.com](http://www.westlakelevy.com) or [www.wlake.org](http://www.wlake.org).

– Cris Kennedy, Chair,  
Citizens for Westlake Schools

LETTER TO THE EDITOR

# Bay kennel advocates seek public meeting

Regarding the ongoing conversation about the status of the Bay Village kennel, the Friends of the Bay Village Kennel (FOBVK) would like to point out a few things that may not be known to many members of our community.

Members of the FOBVK met with Mayor Sutherland and another city representative in June 2011 to discuss possibilities for the kennel and its operation. While the meeting seemed encouraging, the mayor did not offer a proposal at that time, instead remarking that it looked like the city and FOBVK could work together at an appropriate site within the city. One week later, city administration eliminated the position of Animal Control Officer

and, in essence, closed the kennel. Since then, dogs are admitted, but only until they can be picked up by the county kennel or returned to their owners. Cats are not permitted in the Bay kennel.

FOBVK attended a city council meeting on Oct. 3, 2011, and read a letter, addressed to city administration, in which FOBVK offered to help manage the kennel, on a voluntary basis, in cooperation with a city liaison, and that FOBVK had secured funding from an anonymous donor for the construction of a new kennel. FOBVK did not receive a response to this letter or a proposal from the city until the November 2012 city council meeting in which the Mayor declined to publicly discuss it.

FOBVK cannot lease property and manage the kennel. This is a city responsibility. Animal control is an important part of administering a city and providing service to its residents. FOBVK is still very interested in funding a new kennel's construction and in volunteering time to assist with its management and operation. FOBVK feels that a public discussion on this matter is required.

FOBVK will continue to use its graciously donated funds to help care for recovered animals and to help with medications, spaying and neutering, vetting and in attempting to find adoptive homes for these animals. The primary contact, however, is the Bay Village police department, should an animal be recovered and need shelter or veterinary care.

– Tom Kauker, Bay Village  
Friends of the Bay Village Kennel

# Morning coffee in the empty nest

by DAVE SCULLIN

She was wearing a white silk kimono as her soft hand slides across my shoulders as she passes me on the way to the coffee pot to get her morning cup.

We shared the paper across from each other on the kitchen table, in the cozy sun filled breakfast nook, at the “No Rush” retirement pace.

I snuck a peek over the top edge of my paper as it “crackled.” She still has a handsome face. OK, a few laugh lines, but still high cheek bones, a classic.

She saw me over her paper and gave me a “Mona Lisa” smile sweeter than the cream in my coffee. We should have a nice day together.



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**Bay Village Council Ward 4**



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Paid For By: Friends of Thomas Henderson, Thomas Henderson, Treasurer, 620 Bradley Rd., Bay Village, OH 44140

**WESTLAKE HISTORICAL SOCIETY**

# Spend some time this month at the Clague House Museum

by LYSA STANTON

During October our thoughts at the museum turn to crisp fall air, hot beverages, good books and a few good ghost stories.

The Westlake Historical Society invites you into the historic Clague House for a hot cup of coffee, tea or cider and the opportunity to spend some time with the members of the society as we once again open the museum kitchen for our popular pre-owned book sales. Stop in to peruse the books for sale and help the Historical Society scholarship funds.

All money raised during the book sales will go toward the two scholarships: The Leverett & Abigail Johnson Scholarship goes to a Westlake student in the field of history. The Bill & Jean Robishaw Scholarship goes to a deserving student in the field of education. Both scholarships will be awarded in 2014.

The book sales will take place on Saturdays, Oct. 19 and 26, from 8 a.m. to 4 p.m., and Sunday, Oct. 27, from 2 p.m. to 5 p.m. In addition to the book sale, a silent auction will also be held including a wonderful Ohio State University framed picture. If you are lucky you might get to hear a fabulous ghost story or two during your visit.

Do you have books, magazines,



PHOTOS BY TARA WENDELL

Dave Pfister, right, dressed as Walter Clague, speaks during the Oct. 12 dedication of the new Ohio Historical Marker at the Clague House Museum.

CDs or maps you would like to donate? We are accepting donations until Oct. 15. We are happy to pick up your donation. Please give us a call at 440-808-1961, or drop us an email at westlakehistory@yahoo.com.

On Oct. 27 the Clague House Museum will host a Kids Sunday and tours of the Clague House. Westlake Police Captain Guy Turner will be our guest docent and will lead tours of the museum. Capt. Turner always brings a unique element to the tours that you are

sure to enjoy. There will also be Halloween-themed crafts for the kids. There is no cost to tour the museum, and no charge for the special kids activities. Donations, however are greatly appreciated. Tours of the museum are available throughout the year.

Please contact the society at 440-808-1961 or email westlakehistory@yahoo.com for more information. The Clague House, located at 1371 Clague Road, is more than a museum – it is a destination. ●

# Elect WALT HALUN

## Bay Council Ward 3



- ★ U.S. Army Veteran
- ★ BA- Political Science- Cleveland State
- ★ MBA Baldwin Wallace University
- ★ Supply Chain Professional

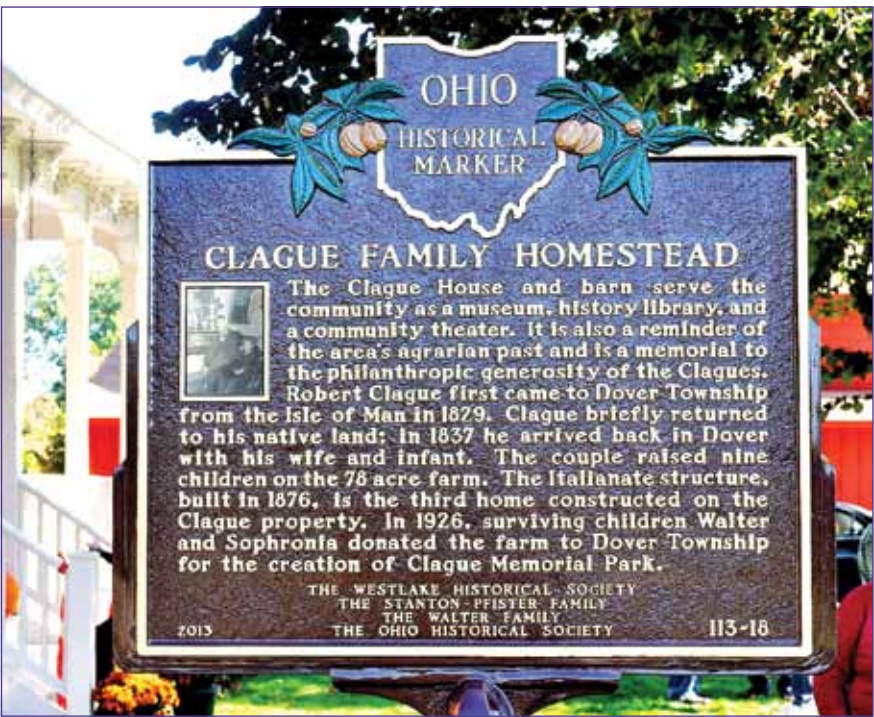
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**Thank you!**

Paid for by Elect Walt Halun Ward 3 Council



The new Ohio Historical Marker at the Clague House Museum.

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WESTLAKE PORTER PUBLIC LIBRARY

Upcoming events at Westlake Porter Public Library

by ELAINE WILLIS

**Wednesday, Oct. 16 (4-5:30 p.m.) BOOKS WITH BELLA** – Stop by the Youth Services Department each Wednesday and sign your child up for a 15-minute reading time with Bella the Bulldog! Bring your own book to share with Bella or choose one of ours. Registration begins every Wednesday at 3 p.m.

**Wednesday, Oct. 16 (6:30-8:45 p.m.) CUYAHOGA WEST GENEALOGICAL SOCIETY**

**Thursday, Oct. 17 (4-4:45 p.m.) BOOK SPEED DATING** – Tired of the same ol’ book club? Join us for this fast-paced, fun program where you’ll encounter tons of books in just 45 minutes ... and hopefully you’ll find your perfect match! Better yet, everyone will get to take their “date” home with them! Grades 7-12.

**Thursday, Oct. 17 (7-8:30 p.m.) FIVE MILLION STEPS: THRU-HIKING THE APPALACHIAN TRAIL** – Robert Grau took a thru-hike on the Appalachian Trail. Please register.

**Friday, Oct. 18 (10-10:45 a.m.) COME PLAY WITH ME!** – Open playtime with age-appropriate toys, songs and rhymes. For children ages 2-5 with a caring adult. Siblings welcome! Registration begins Oct. 11.

**Saturday, Oct. 19 (10 a.m.-2 p.m.) CRAFTS A GO-GO!** – Come on in and make a craft! We provide the supplies, you provide the creativity. No registration necessary. Meets in front of the Youth Services Desk. No registration.

**Saturday, Oct. 19 (2:30-3:30 p.m.) BRICK BUILDERS CLUB** – Love those LEGO bricks? Then bring your ideas and imagination to the club! All bricks

provided. Ages 6-13. Registration begins Oct. 12.

**Saturday, Oct. 19 (4-5 p.m.) SWEET AND SCARY HALLOWEEN FUN** – Come and have a wicked fun time with us at the library! We’ll make some spooky masks, sweet spiders, otherworldly aliens and a ghoulishly good treat. Ages 8-12. Registration begins Oct. 12.

**Monday, Oct. 21 (4-5:45 p.m.) TEEN LOUNGE** – Need a place to hang out after school? Come to WPPL’s Teen Lounge on Monday afternoons! We’ve got computers, video games, board games, snacks and more!

**Tuesday, Oct. 22 (10 a.m.-noon) THINK LIKE AN ENTREPRENEUR** – Taught by Vision 21 Consulting. A little entrepreneurial zeal can give you a distinct advantage in your professional life, whether you think you would ever strike out on your own or not. Train yourself to think like an entrepreneur, and learn to apply the process in your daily life.

**Wednesday, Oct. 23 (4-5:30 p.m.) BOOKS WITH BELLA** – Stop by the Youth Services Department each Wednesday and sign your child up for a 15-minute reading time with Bella the Bulldog! Bring your own book to share with Bella or choose one of ours. Registration begins every Wednesday at 3 p.m.

**Wednesday, Oct. 23 (2 p.m.) WEDNESDAY AFTERNOON BOOK DISCUSSION** – The October selection is “The Last Runaway” by Tracy Chevalier.

**Thursday, Oct. 24 (7-8:45 p.m.) WESTLAKE HISTORICAL SOCIETY**

**Friday, Oct. 25 (10-11:30 a.m.) CONNECTING FOR KIDS PARENT DISCUSSION GROUP** – Parent discussion group led by a local pediatric expert. Childcare is offered but space is limited. You must

RSVP by calling 440-250-5563. Topics are listed at [connectingforkids.org](http://connectingforkids.org).

**Friday, Oct. 25 (10 a.m.-noon) PORTER’S FIBER FANATICS** – Socialize, share, and solve problems while you work on your current project.

**Saturday, Oct. 26 (3-5 p.m.) MAD-4MANGA** – Do you love Manga, Anime or Japanese culture? If you do, this club is for you! Each month we watch a different Anime series and talk about our favorite Manga. Sometimes we even throw in some crafts, Manga drawing or Japanese treats just for fun! Grades 6-12 only. Registration not necessary.

**Monday, Oct. 28 (1-7 p.m.) AMERICAN RED CROSS BLOODMOBILE**

**Monday, Oct. 28 (4-5:45 p.m.) TEEN LOUNGE** – Need a place to hang out after school? Come to WPPL’s Teen Lounge on Monday afternoons! We’ve got computers, video games, board games, snacks and more!

**Monday, Oct. 28 (7-8 p.m.) PROTECT YOUR ASSETS WITH ESTATE PLANNING** – Proper estate planning is essential for the average American family. Our discussion will include the legal strategies to avoid probate, preserve your assets in the event of incapacity or remarriage, and protect your child’s(ren’s) legacy. Please register.

**Tuesday, Oct. 29 (10 a.m.-noon) CAREER TRANSITION CENTER: APPLICATIONS THAT GET NOTICED** – Job applications are not fun to do and they aren’t much fun to read either. These days most of them are done online so employers don’t have to read all of them. A computer scans applications, looking for keywords for the skills, education, or experience that is most important to the employer. It also scans for keywords

Grades 4 and 5. Registration begins Oct. 18.

**Saturday, Oct. 26 (9:30 a.m.-12:30 p.m.) SHREDDING DAY** – Bring your sensitive documents to be shredded for free by All Ohio Secure Shred. Limit two boxes per car.

**Saturday, Oct. 26 (10:30-11 a.m.) MOTHER GOOSE ON THE LOOSE!** – Join Mother Goose for this interactive storytime featuring simple books, rhymes, songs and movement. For ages birth-3 years old with adult caregiver. No registration.

**Saturday, Oct. 26 (2-3:30 p.m.) PORTER’S FALL FESTIVAL** – Join us to celebrate fall with fun games, treats and more! No registration necessary.

**To register for any of the programs, please call 440-871-2600 or visit [signup.westlakelibrary.org:8080](http://signup.westlakelibrary.org:8080).**

that may be used to screen candidates out. Learn how to tackle questions on an application to be sure yours will be read.

**Wednesday, Oct. 30 (10:15-10:45 a.m. or 11-11:30 a.m.) LET’S SING AND DANCE!** – Join us for a fun session of singing and dancing for children ages 2-6 with a caregiver. Space is limited, so please arrive early enough to receive a ticket at the Preschool Desk.

**Wednesday, Oct. 30 (6:30-8:30 p.m.) OHIO HAUNTS** – ORBS (Ohio Researchers of Banded Spirits) will discuss paranormal activity in Ohio, including known/researched cases and information on how you can conduct your own research. Please register.

**Wednesday, Oct. 30 (7-8 p.m.) SPOOKY MOVIES @ YOUR LIBRARY** – Join Shrek, Donkey and friends for some funny and slightly spooky films! These films are not rated; however, some material may be inappropriate for younger viewers. All ages welcome. In accordance with library policy, children under age nine must be with a grown-up. Registration begins Oct. 23.

**To register for any of the programs, please call 440-871-2600 or visit [signup.westlakelibrary.org:8080](http://signup.westlakelibrary.org:8080).**

Learn how to find your roots Porter Library

Curious about where your ancestors came from? Wondering if there’s any truth to the family stories that have been handed down for generations? Baffled about how to find this out? Find out how to trace your family tree at two upcoming genealogy programs at Westlake Porter Public Library, Beginning Genealogy and Genealogy 102.

Beginning Genealogy will take place on Saturday, Oct. 26, from 2 to 3:30 p.m. In this class you will learn how to get started researching your family history – where to begin, how to research and what resources are available to you. Attendees are asked to bring along names and dates for hands-on research.

Genealogy 102 takes place on Sunday, Nov. 10, from 2-3:30 p.m. You’ll learn how to use the leading genealogy websites, including Ancestry.com and Fold3, and how to find information from several other useful sources.

To register for either program please call 440-250-5460 or visit [signup.westlakelibrary.org:8080](http://signup.westlakelibrary.org:8080).

Porter Public Library will celebrate customers Oct. 20-26

Westlake Porter Public Library is once again thanking its loyal users with Customer Appreciation Week, which will take place the week of Oct. 20-26. Patrons will find special treats and programs at various times throughout the week, and a “Customer of the Day” will be honored each day.

Following are the programs the library has scheduled:

**Sunday, Oct. 20 (2-4 p.m.) FRIENDS’ SUNDAY SOUNDS** – The Friends of the Library present the Elm Street Blues Band. Free program.

**Monday, Oct. 21 (7-8:30 p.m.) INVESTOR INTEREST GROUP** – Explore how modern complex financial systems have dramatically increased the risks of investing. Les Szarka will examine several financial complexities, the risks they present, and the possible solutions to protect your portfolio from potentially catastrophic consequences. Please register.

**Tuesday, Oct. 22 (1:30-2:30 p.m.) PROTECT YOUR ASSETS WITH ESTATE PLANNING** – Proper estate planning

is essential for the average American family. Our discussion will include the legal strategies to avoid probate, preserve your assets in the event of incapacity or remarriage, and protect your child’s(ren’s) legacy. Please register.

**Wednesday, Oct. 23 (7-8 p.m.) FAMILY FUN NIGHT** – Enjoy some good old-fashioned Halloween stories and rhymes, decorate a trick-or-treat bag, and show off your costume in a library parade! Ages 3-6. Registration begins Oct. 16.

**Wednesday, Oct. 23 (7-8:30 p.m.) SECRETS OF EFFECTIVE COUPONING** – Super couponer Laura Ploenzke will teach you the secrets of saving money, with a special emphasis on holiday shopping. Please register.

**Friday, Oct. 25 (2:30-4 p.m.) MEET THE DIRECTOR** – Stop by and chat with the Library’s director!

**Friday, Oct. 25 (4-5:30 p.m.) WEIRD SCIENCE** – Our interactive program explores fundamental science principles, and you’ll participate in hands-on experiments that you can reproduce at home.

More stories, photos and events online at [www.wbvobserver.com](http://www.wbvobserver.com)

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# STORM DRAINS

*continued from front page*

To increase residents' awareness, the project team stenciled some of the storm drains that are located near the higher concentration areas with the message "Dump No Waste – Drains to Lake." On Tuesday, Oct. 8, a group of Bay Village residents gathered to participate in the stenciling project. Participants included the sixth-grade Aqua Girls from Bay Middle School and members of Martha Fisher's Westerly School third-grade class from Bay Village. The students were paired with adult volunteers. In total, 112 storm drains were stenciled in Bay Village.

Per Roskilly, "Seventy percent of the pollution in our waterways comes from local residents and often contains chemicals which are harmful to both humans and wildlife. The local beaches are closed if unsafe levels of bacteria are detected and this is likely to occur as a result of a hard rain fall. We have a lot of hard, impervious surface and when rain falls on it, it rushes into our storm drain system taking with it all the pollutants we put on the ground like fertilizers, pesticides, pet waste, oil and gas."

So, what can you do?

According to Roskilly, homeowners can do a lot to help reduce storm water run-off pollution by addressing two key areas.

First, design your yard to stop the water from flowing into the storm drains so quickly. Some ways to do that include:

1. Reduce the size of your lawn by creating flower beds and planting native plants.
2. Add native trees and bushes to your property wherever possible.
3. Use a rain barrel to capture rain water off of your roof.
4. Plant a rain garden.

Second, reduce the amount of pollutants that can flow into the storm drains. This includes:

1. Always clean up pet waste.
2. Reduce or eliminate the use of fertilizers and pesticides.
3. Wash your car on your lawn or at a commercial car wash, not on your driveway.
4. Pick up any litter – many

times it washes into the storm drains during a heavy rain.

5. Never dump anything directly down a storm drain.

For more information, contact the Cuyahoga County Board of Health, 216-201-2000, [www.ccbh.net](http://www.ccbh.net); or Cuyahoga Soil and Water Conservation District, 216-524-6580, [www.cuyahogawcd.org](http://www.cuyahogawcd.org). ●

**Learn the results of the Porter Creek watershed study at a free seminar on Thursday, Nov. 14, from 7-8:30 p.m. at the Lake Erie Nature & Science Center, 28728 Wolf Road, Bay Village.**



PHOTO BY TARA WENDELL

Amy Roskilly from the Cuyahoga Soil and Water Conservation District sweeps away debris before showing volunteers how to spray paint the "Dump No Waste" stencil.

## MUSINGS FROM THE MIDDLE

# Dump no waste! Drains to lake!

by AUDREY RAY

**D**o you remember when the Aqua Girls cleaned up Huntington Beach with the help of some wonderful community partners and some Bay Village citizens over a year and a half ago? We couldn't have done the beach cleanup without their help and guidance!

On Tuesday, Oct. 8, we were able to help out our community partners from the Cuyahoga County Board of Health (CCBH) and the Cuyahoga Soil and Water Conservation District (SWCD) as part of the Great Lakes Restoration Initiative project. Ms. Suzanne Krippel from CCBH and Ms. Amy Roskilly from SWCD were handing out flyers and spray painting signs near storm sewers around Porter Creek to remind people not to dump their waste in the storm sewers.

The sewers the Great Lakes Restoration Initiative project focused on were located on streets that had the most pollution and bacteria in them. I was surprised to see how many of the sewers were located near Bay Middle School! These sewers not only have the most pollution but they also drain directly into Porter Creek and Lake Erie.

Ms. Roskilly explained to us that most people think all the water in all sewers go to a water treatment plant but that is not true! Some sewers like the ones we marked do not get treated and drain directly to the lake. She said if someone dumps his/her coffee in these drains then the coffee would go into the lake, polluting it. She asked us if we wanted to swim in coffee and it grossed us out.

I believe it is important to keep Lake Erie clean because we swim in it, we get our drinking water from it and there are

animals living in it. We are so lucky to live by one of the five Great Lakes and we need to keep it clean for us, the animals and for generations to come.

Also, don't forget that when you garden, wash your car and clean your house to please use eco-friendly products because these products eventually get washed down the drains and some go directly to the lake. I am sure that no one wants to swim in chemicals!

I want to thank Ms. Roskilly and Ms. Krippel for organizing the event. I also want to thank Mrs. Martha Fisher for organizing some of her third-grade students to participate and inviting us to help. The Aqua Girls had a great time volunteering to help keep Porter Creek and Lake Erie clean. I hope that people take the flyers and new signs at the storm sewers seriously and continue to do their best to keep our waterways as clean as possible. ●



PHOTO BY AMY ROSKILLY

The Aqua Girls – Patty Yuhas, Olivia Reed, Caroline Fowles, Audrey Ray and Ava Ransom – are back in action, stenciling reminders near storm drains to keep waste out of Porter Creek.

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**BAY VILLAGE BRANCH LIBRARY**

# Upcoming programs at Bay Village Branch Library

by JOYCE SANDY

The leaves are beginning to change and now is the time to get out and enjoy the colors. Apple and pumpkin farm exploring, cooler temperatures and walks outside are just a few of the things that make this a special time of year. Leaf raking and home fix-up chores aren't so fun – but that's where the library can help you!

Check out a book on CD and listen while you work. It'll make the job go fast, and you won't want to stop. OK – maybe not that, but listening to a book or music make those jobs more fun! Stop into the library to see what's new and to find just the right book for you. Whether you're a new reader, a student who needs to finish a report or an adult who wants to browse the collection, we have the book for you! Sign up to attend these special programs, too. The library is THE place to be entertained and informed!

**ADULT DEPARTMENT**

**Wednesday, Oct. 16 (7 p.m.) GHOSTLY ZENTANGLE** – Learn to relax by drawing repetitive shapes and designs with a ghostly theme.

**Wednesday, Oct. 23 (7 p.m.) EGYPTIAN MUMMIES: TECHNIQUE AND RITUAL** – Discover how ancient Egyptians preserved their dead for the afterlife. For adults only as material may be

too graphic for sensitive viewers. Presented by Susannah Hamm, who brought us a program on the Mayan Calendar last year.

**CHILDREN'S DEPARTMENT**

**Tuesday, Oct. 15 (6:30 p.m.) MANNERS, MEALTIME AND MORE!** – For ages 18 months-5 years. Help your child learn important social skills while learning simple signs for favorite foods with certified Baby Signs instructor Bridget Daley! Children will enjoy songs, games and crafts while exploring the topic of manners.

**Friday, Oct. 18 (11 a.m.) EXPERIENCE THE POWER OF BALLOONS!** – For all ages. Swiftly the Clown has over 3,000 astounding and amazing balloon creations in his repertoire. Learn to turn ordinary balloons into whimsical flowers, butterflies, ladybugs and more!

**Tuesday, Oct. 22 (4 p.m.) NATIONAL CHEMISTRY WEEK – ENERGY NOW AND FOREVER** – For grades 3-6. Joins us for fun, hands-on activities that let you get close to the action! Be prepared to get in and get messy with a volunteer from the American Chemical Society.

**Please register for these programs by going online to [cuyahogalibrary.org](http://cuyahogalibrary.org), calling 871-6392, or by stopping in to see us at 502 Cahoon Road. We look forward to seeing you! ●**

# Friends of Bay Village Library Fall Book Sale, Oct. 26-29

by LINDA LAMB

The Friends of the Bay Village Branch of the Cuyahoga County Public Library is holding their annual fall used book sale Saturday, Oct. 26, through Tuesday, Oct. 29. The sale is open to the public during regular library hours with the exception of Tuesday evening when it closes at 7 p.m.

We have a wide range of hardback and paperback books for adults, teens and children, as well as CDs, LPs, DVDs, books on

tape and magazines. All are categorized for easy shopping. Tuesday, the final day of the sale, is bag day, where a bag full of books only costs \$1. Bags are supplied by the Friends.

Volunteers are needed to help with the book sale and other library-related projects sponsored and funded by the Friends of the Bay Village Library. For information on volunteering, the book sale, or becoming a member of the Friends of the Bay Village Library, visit the library at 502 Cahoon Road or call 440-871-6392. ●

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**SPORTING VIEWS**

# Not breaking bad: Indians bumble success

by JEFF BING

Yes, I was at the Indians' one-and-done playoff game against the Rays. Yes, the atmosphere was electric – to the extent that my son and I had a blast, in spite of the loss. And yes, if I begin one more sentence with “yes,” you'll no-doubt suspect that Terry Pluto wrote this column. Heck, nobody likes a yes-man anyway, do they?

When you think about it, it's pretty remarkable the way the stars aligned in such a manner which allowed the Indians and Browns to bask in the national spotlight on consecutive evenings in early October. Of course, after the Rays dismantled the Indians (I'll address that in a moment) and the Browns went down ten-zip to Buffalo just before losing Brian Hoyer to what ultimately would prove to be a season-ending injury, it was starting to resemble yet just *another* Cleveland joke.

Fortunately for the Cleveland sports fans, Travis Benjamin had a career night, and as soon as Buffalo was forced to go to their back-up quarterback, Browns back-up Brandon Weeden only needed to be competent for the Browns to pull out a victory. (And isn't it amazing how only 18 or so months ago, Brandon Weeden was regarded as a first-round “savior” for the Browns? I'm pretty sure alcohol sales at Buffalo game tripled when Hoyer was injured and fans realized Weeden – by default – was their guy).

But, back to the Indians. I wasn't really surprised at the outcome of the game, as the game itself was a fairly good microcosm (of

*course* I know what the word means) of the Indians' season anyway: Decent (but not great) starting pitching, lack of clutch hitting, end of story – and season – as well.

Everyone knows how the Indians won their last 10 games to qualify for the wild card game, and I remember how jubilant the Tribe's locker room was after they secured the home field “advantage” for the wildcard game. Everyone spoke of how the Indians weren't expected to be there and how nobody expected them to get this far, back in spring training.

And maybe that's what bugs me. Because not only did they play like they were happy just to have made it as far as they did, it also seemed like that was still the prevailing theme after they lost to Tampa Bay. The old “don't discount the strides we made this year” mentality. They were still patting themselves on their collective backs for having gotten as far as they did; I don't remember any quotes from players (or management) about how disappointed or angry they were about losing. All comments were directed at “taking the next step” next year.

I certainly hope things go the way the Indians envision them going in 2014. I do know that, sports being fairly unpredictable and all – especially in Cleveland (there, I said it) – there are no guarantees we'll be back in the playoffs in 2014. Freak injuries (ask Brian Hoyer), off years (ask Asdrubal Cabrera), one-and-done career years (ask Fausto Carmona) can make a promising team go south pretty quick (ask the 2007 Indians).

I kind of wish they'd tried a little harder to “take the next step” *this* year. ●

# October is Breast Cancer Awareness Month Learn to balance female hormones naturally

by DR. CASEN DEMARIA

It has been estimated virtually 95 percent of our modern health challenges including hormonal balancing may be managed with correct lifestyle strategies. We are bombarded by toxins at every level; the water we drink, the food we eat and even the air we breathe is heavy with toxins which stress the detoxification process in the body. Toxic burden can alter ones genetic potential which can lead to breast cancer.

The liver is the principal gland in charge of neutralizing any product you place in and or on your body. Females apply nearly 150 different chemicals on their body every day. If the items you choose are determined by the liver as a potential harmful agent it must be neutralized.

Over time, continuous consumption of processed food and beverages and even emotional or continuous chemical stress accelerate the burden placed on the liver.

It is wise to develop label savvy reading habits and focus on products with the least amount of toxic ingredients and focus on items that you presume are produced from natural sources.

You can logically reduce your potential to experience the negative impact caused by the toxins in the environment by following a few natural principles: focusing on whole, natural, organic foods versus canned or pro-

cessed products, and prepare food at home.

A family can save 50 percent on their food budget by eating at home. It has been attributed to Hippocrates: “Let food be your medicine and let medicine be your food.”

The chemicals used to process food before they are placed in cans or packages sabotage the normal body detoxification function and result in visible body signals which suggest liver distress: varicose and spider veins, hemorrhoids and small red bumps or “cherry hemangiomas” are common in patients who have hormonal imbalances.

You can support liver function by eating one half of a red apple, one third cup of beet fiber and one medium carrot daily. Add one tablespoon of flax oil daily per 100 pounds of body weight. You are what you eat! ●

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**For details, please contact via e-mail: [alzupan@oh.rr.com](mailto:alzupan@oh.rr.com)**



# Village Project yard clean-up set for Oct. 27

by Scott Stelter

The Village Project is pleased to announce their new location as well as a new fundraising event, a Yard Clean Up! The Village Project has been in their new home, 27378 West Oviatt in Bay Village, since Sept. 24. In order to involve volunteers,

spread awareness and pay off renovation expenses they are hosting this fall affair.

Lawn mowing, mulching, weeding, leaf raking, as well as general yard work are the benefits provided. Volunteers will be serving locations in Bay Village, Avon Lake and Rocky River. This great event will occur on Sunday, Oct. 27 from 1 to 4 p.m. Donations will be

accepted and suggested at \$20 (donations in excess of \$20 are tax deductible). Spots need to be reserved by Oct. 24.

If you would like to volunteer or register your lawn, please contact the Village Project either through email, [info@ourvillageproject.com](mailto:info@ourvillageproject.com), or by phone, 440-348-9401. ●

## COMMUNITY EVENTS Post your group's free community events online at [wbvobserver.com](http://wbvobserver.com)

### Tuesday, Oct. 15, 6:30-7:30 p.m. Manners, Mealtimes and More!

Help your child learn important social skills while learning simple signs for their favorite foods with a certified Baby Signs instructor. Children ages 18 months to 5 years will enjoy songs, games and crafts wheel exploring the topic of manners.  
*Bay Village Branch Library, 502 Cahoon Rd.*

### Tuesday, Oct. 15, 7 p.m. Surfing Your Way to the Ballot Box

Puzzled about election issues, candidates, rumors, facts? The Westlake/North Olmsted chapter of the League of Women Voters-Cuyahoga Area will present a hands-on session featuring useful websites for election information. Presenters Mary Worthington and Janice Patterson will introduce some basic websites about voting procedures and local elections. Participants will then be divided into teams to do online searches on election-related subjects, with prizes awarded to the teams that succeed in finding answers to the VOTE game devised for this event. People with all levels of computer expertise are welcome. For information, contact Carole Koscielny at 440-356-4544.  
*Westlake Porter Public Library, 27333 Center Ridge Rd.*

### Tuesday, Oct. 15, 7 p.m. Hallowed Ground: The Story of Arlington National Cemetery

Art Hildebrandt, USNR, will lecture for 3 evenings. Lecture One will discuss the transition from estate to cemetery. Lecture Two will discuss the Tomb of the Unknown Soldier from WWI, WWII, Korea and Vietnam. Lecture Three will discuss JFK and the Kennedy Gravesite. Admission is FREE with all donations to benefit the Wounded Warrior Project.  
*St. Ladislav Parish, 2345 Bassett Rd., Westlake*

### Wednesday, Oct. 16, 2 p.m. Understanding Dementia

Learn about the stages of dementia, effective communication, and the impact of the environment, activities and behaviors in this free program presented by Emily Marvin of Caring Tree Senior Care. Please RSVP by calling 440-871-3474. Light refreshments and tours will follow the presentation.  
*Bradley Bay Assisted Living, 605 Bradley Rd., Bay Village*

### Wednesday, Oct. 16, 6:30-8:45 p.m. Cuyahoga West Chapter, Ohio Genealogical Society

Genealogical researcher, presenter and writer, Chris Staats will present "Buried Treasure: Finding Your Ancestors in Ohio's Local Government Record Collections." Program begins at 7 p.m. Social time, with refreshments is from 6:30-7 p.m. The public is invited, at no charge.  
*Westlake Porter Public Library, 27333 Center Ridge Rd.*

### Wednesday, Oct. 16, 6:30 p.m. Free Lecture on Breast Health

Ronald Casselberry, M.D., will discuss breast health from a Complementary Alternative Medicine Approach. Is Breast Thermology an alternative to mammography? Is vitamin D important to breast

health? What about hormones? Heavy metals? Learn some things your conventional doctor will not tell you! Call 440-835-0104 to reserve seating.  
*Preventive Medicine Group, 24700 Center Ridge Rd., Suite 370, Westlake (use rear entrance)*

### Thursday, Oct. 17, 1-3:30 p.m. Bay Candidates Forum Video Screening

If you missed the League of Women Voters Bay Village Candidates' Night, see the video. Also available online at [LWVCuyahogaArea.org](http://LWVCuyahogaArea.org).  
*Bay Village Branch Library, 502 Cahoon Rd.*

### Friday, Oct. 18, 7 p.m. Family Strong Series: Never Lose Faith

Westside Christian Academy invites you to their FREE Family Strong Series "Never Lose Faith," a special evening for the whole family with speaker Collins Tuohy, the sister of NFL offensive tackle, Michael Oher. Their family's story was shared in the hit movie "The Blind Side" with Sandra Bullock. She will speak on overcoming obstacles in the face of adversity with examples drawn from their childhood experiences. Doors open at 6:30 pm. Event starts with music by the Christian band, 220b, at 7 p.m. Collins' presentation follows. Collins will also sign her family's book, "In a Heart Beat," after her presentation. Copies of the book will be available for purchase at the event.  
*Westlake Performing Arts Center, 27830 Hilliard Blvd.*

### Saturday, Oct. 19, 10 a.m.-noon Tri-C Fall Open House

Prospective students can discuss academic programs with faculty and counselors, learn more about financial aid and scholarships, explore student services offered and tour the campus. This event is open to the public, and free parking is available for attendees. For logistics and registration, please visit: [www.tri-c.edu/OpenHouses](http://www.tri-c.edu/OpenHouses).  
*Tri-C Westshore, 31001 Clemens Rd., Westlake*

### Saturday, Oct. 19, 5-7 p.m. Trunk or Treat

Wear your costumes and enjoy a free family-friendly evening of trick-or-treating through the church parking lot. You will also delight in games, prizes, food, a photo booth and more! All activities will be relocated inside if the weather is inclement. For more information, call 440-871-3088 or visit [www.westlakeumc.org](http://www.westlakeumc.org).  
*Westlake United Methodist Church, 27650 Center Ridge Rd.*

### Sunday, Oct. 20, 1 p.m. Lake Ridge Academy Open House

Come visit our open house for Lower School, Middle School and Upper School students, grades K-12. Please RSVP to 440-327-1175, ext. 9104, or visit [LakeRidgeAcademy.org](http://LakeRidgeAcademy.org).  
*Lake Ridge Academy, 37501 Center Ridge Rd., North Ridgeville*

### Sunday, Oct. 20, 4-6 p.m. Dedictory Organ Recital

The Westlake United Methodist Church Perform-

ing Arts Series opens its 2013-2014 season with an organ recital performed by William Porter, world-renowned organist. The recital is free and open to the public. Free parking; a free-will donation will be accepted. Professional childcare is provided at no charge.

*Westlake United Methodist Church, 27650 Center Ridge Rd.*

### Wednesday, Oct. 23, 1-3:30 p.m. Bay Candidates Forum Video Screening

If you missed the League of Women Voters Bay Village Candidates' Night, see the video. Also available online at [LWVCuyahogaArea.org](http://LWVCuyahogaArea.org).  
*Dwyer Senior Center, 300 Bryson Lane, Bay Village*

### Wednesday, Oct. 23, 6:30-8:45 p.m. North Coast Chapter, Embroiderers' Guild of America, monthly meeting

We will be doing a small needlework project taught by one of our members, Mike Farmer.  
*Westlake Porter Public Library, 27333 Center Ridge Rd.*

### Wednesday, Oct. 23, 7-8:30 p.m. Village Bicycle Cooperative Presentation and Open Forum

We invite you to our presentation to find out more about our accomplishments this year, acknowledge our volunteers, meet new people and get involved in making Bay Village and Northeast Ohio a safer place to bicycle! Refreshments will be provided.  
*Village Bicycle Cooperative, 303 Cahoon Rd., Ground Floor, Bay Village*

### Thursday, Oct. 24, 9:30-11:30 a.m. Medicare 101

2014 Medicare Annual Enrollment Period Seminar: Where we learn about Medicare and any changes or updates for next year as well as Kaiser Permanente's Integrated Care Delivery Model. Time allotted for Q&A.  
*Dwyer Senior Center, 300 Bryson Lane, Bay Village*

### Friday, Oct. 25, 10 a.m. Help Your Preschooler Share and Cooperatively Play

Join us for this interactive discussion, led by Meghan Barlow, Ph.D., about how to teach sharing and other social skills to your preschoolers. Applicable to households with a child diagnosed with a developmental delay and households where all children are "typically developing." Childcare available; visit [connectingforkids.org](http://connectingforkids.org) to reserve a spot.  
*Westlake Porter Public Library, 27333 Center Ridge Rd.*

### Friday, Oct. 25, 6-9 p.m. Halloween Hayride Night

Put on your costume and trick-or-treat through our Wildlife Gardens! Make a Halloween craft and enjoy pizza and salad. Hop on a hayride, have some fun in the planetarium and relax by a crackling fireplace at this un-scary celebration. Hayrides run rain or shine. Cost: \$12/adult, \$8/child. Please register in advance, 440-871-2900.  
*Lake Erie Nature & Science Center, 28728 Wolf Rd., Bay Village*

### Saturday, Oct. 26, noon-2 p.m. Boo Village Halloween March

Children are invited to dress in their Halloween costumes and meet at the Bayway Cabin. Bay Village Auxiliary Police will escort children and parents across Wolf Road where children can trick-or-treat at Bay Village Square and up Dover Center Road to Bay Junction Shopping Center. Candy, prizes and fun! Two bikes will be awarded for best costume at Burns Auto.  
*Bayway Cabin, 400 Bryson Lane*

### Saturday, Oct. 26, 4:30-6 p.m. Free Community Meal

Come together for food, friendship, and good conversation! Free to all, the church is accessible to the physically challenged; no carry outs.  
*Clague Road United Church of Christ, 3650 Clague Rd., North Olmsted*

### Saturday, Oct. 26, 7:30-10:30 p.m. Bay Village Lacrosse Association "Football Watch Party" Fundraiser

The BVLA fundraiser will feature the Ohio State vs. Penn State game. Featuring a 50/50 raffle, football squares games and a silent auction. Tickets are \$30 per adult or \$55 per couple. Price includes beer, wine, pop and heavy appetizers during the game. Proceeds will benefit BVLA to help fund the group's capital equipment drive, support Bay Village boys' and girls' lacrosse programs and provide lacrosse scholarships to student athletes in need.  
*The Copper Cup, 680 Dover Center Road, Westlake*

### Saturday, Oct. 26, 8 p.m.-midnight Parents without Partners Fundraising Dance

A dance for singles and couples, sponsored by Parents without Partners Chapter 1395, serving west Cuyahoga and Lorain County. Line dance lessons are from 7-8 p.m. The evening will feature a DJ, snacks and a cash bar. Tickets are \$8 per person, available the night of the dance. For more information, call Kim at 440-847-8307.  
*Elks Lodge, 24350 Center Ridge Rd., Westlake*

### Sunday, Oct. 27, 8 a.m.-1 p.m. Kiwanis Pancake Breakfast

The Westlake Kiwanis/Key Club will be holding their fall pancake breakfast at the new high school. Tickets are \$6 at the door. For more info or to help sponsor, call Rick Grane, 440-829-0974, or email [rickgrane@aol.com](mailto:rickgrane@aol.com). Tours of the new high school will be given during the entire breakfast.  
*Westlake High School, 27830 Hilliard Blvd.*

### Monday, Oct. 28, 11:30 a.m. The Good and Bad of Native Plants

Larry Giblock, of the Cleveland Botanical Gardens will explain that just because a plant is native to Ohio, it doesn't mean it's necessarily easy to grow. Join us for lunch, \$5 fee for guests, and find out which plants are best. For reservations please go to our website or call Judy at 440-871-8578.  
*Bay Village Community House, 303 Cahoon Rd.*

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